



GOOD GUT QUEEN



Root-Cause Nutrition | Functional Gut Health

Your Tests Say “Normal”... But You Don’t Feel Normal

You’re not imagining it. You’re being missed.

WHY THIS HAPPENS

Traditional Testing

- Looks at basic markers
- Screens for disease
- Often labeled “normal”

*Examples: CBC, CMP,
Breath tests*

Functional Testing

- Looks at patterns and imbalances
- Examines the gut environment
- Uses DNA too
- Detects what standard tests miss





Both are useful—but they are not the same.

IF YOU'RE STILL ...

- bloated
- tired
- brain-fogged
- tummy-troubled
- gaining weight
- MISERABLE!!!

***Your body is giving you information your labs may not be capturing.
Your body is speaking. We just need to listen differently.***

Why You're Still Gaining & Not Feeling Better

-  Inflammation
-  Poor Digestion
-  Microbiome Imbalances
-  Functional Imbalances

Standard labs are designed to detect disease. They are not designed to optimize how you feel.

I take a root-cause approach to uncover what others miss and guide your gut back to balance—step by step.

WHAT THIS LOOKS LIKE

- Testing for root causes and imbalances
- Targeted nutrition and supplements
- Step-by-step repair and rebalance

Real Healing Starts with a Conversation

LET'S TALK IT'S FREE